

Pre-Work for June 2016 Invest Health National Convening

During the June 7-10, 2016 Invest Health National Convening in Philadelphia, we will be conducting a self-awareness and team building session using the well-known Myers-Briggs Type Indicator (MBTI).¹ The MBTI tool explores differences in how people prefer to use their perception and judgment and how these innate preferences can enhance or impede communication, collaboration and decision-making in groups. The process involves two stages:

1. All five Invest Health team members complete an individual MBTI assessment online **by Tuesday, May 24, 2016**. Based on the individual assessments, a team report will be generated for each Invest Health team.
 - **Only the five “official” Invest Health team members are eligible to take the assessment.**
2. During the June convening, a skilled facilitator will guide us through the process of understanding, interpreting, and utilizing the results of the team report. Each team will receive a copy of its team report at the June convening. (Individual reports are kept confidential and will not be shared. You will have the opportunity to access and download your individual report after you complete the assessment online.)
 - **Even if one of your five team members will not be present at the convening, your team will still participate in and can learn from the session. The team report will be sent home with your team for further team discussion.**

To complete the individual assessment please follow these steps:

1. Go to: <http://online.cpp.com/en/CPPLandingPage.aspx?projectId=12425e7b-3bde-419a-b7e9-f997397a11e9>
2. Register and follow the instructions to complete the assessment; the assessment consists of 93 questions and a feedback session, and takes approximately 45-60 minutes to complete; the system does not save your responses, so please complete the assessment in one sitting
3. Be sure to **click the “Submit” button** at the end
4. **Please complete the assessment by Tuesday, May 24, 2016**, so we can prepare your team’s results in time for the June convening

Some things to keep in mind as you start the assessment:

- Please complete the questionnaire **in one sitting**, at a convenient time for you, when you are relaxed and not thinking about work or have other things going on. If you cannot complete the entire assessment at one sitting and need to return to your assessment, please email Bertina Lee at: blee@healthleadership.org.
- Before you start, try to create a mindset where you are thinking about how things would be in **your ideal world** – where you could do things the way you prefer them to be done, rather than being required to do things a certain way. Try to maintain this mindset as you answer the questions.
- All of the questions are “forced-choice” – meaning you’ll need to choose what answer is best for you, and there are no “in-betweens” or ways to say “it depends.” If there are questions you are not sure how to answer, please do not over-think it. **There are no “right” or “wrong” answers**, so please picture you in your ideal world and answer based on that.

¹ If you are new to the MBTI, you can learn more about it at <http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/>. Even if you are familiar with your MBTI type, please complete the assessment tool anew – all team members need to take the assessment anew to generate the team report.