INVEST HEALTH
Strategies for Healthier Cities

A Project of the
Robert Wood Johnson Foundation
and *Reinvestment Fund*

Akron Pod Convening – May 2-3, 2017
Outline of Day 2 Discussion Sessions

Overview: Representatives from a single team share a topic related to the team's Invest Health work with colleagues from other teams and program partners for reflection and discussion.

Discussion Group Composition: The discussion group will include members of 3-4 other Invest Health teams, program staff (Reinvestment Fund, Bennett Midland, Robert Wood Johnson Foundation), and invited guests. Each group will have a designated facilitator.

Background Material: In advance of the discussion session, each participant will receive the following information for her/his discussion group –

- List of teams in the discussion group, with names, organizations, roles of the team members who will be present;
- Short summary of each team's Invest Health work; and
- The topic and discussion questions developed by each team.

Session Structure: Below is a template for the discussion sessions. The structure may be adapted depending on how the conversation flows and what appears to be most useful to the presenting team.

1. **Opening presentation (5-10 minutes)**: The presenting team gives an overview of the topic for which it is seeking feedback, and frames 1-2 core questions for the discussion group to consider. This is an uninterrupted opportunity for the presenting team to share what has been top of mind for the team and to outline the key questions on which it is seeking input and counsel.

   (Please see the "Guidance for Team Presentation" document for suggestions on selecting the topic for discussion and preparing for the presentation.)

2. **Clarifying questions from the group (5 minutes)**: The discussion group asks the presenting team clarifying questions – i.e., who, what, when, where, and how questions that have brief, factual answers.

   Both in listening to the initial presentation and during the clarifying question step, discussion group members should keep the following questions in mind:

- What are the underlying assumptions of the presenting team?
- What didn't we hear from the presenting team that we think might be relevant?
- What questions does the topic raise for us?
- What do we think about the topic?
- If faced with a similar opportunity or challenge, what approaches would we use?
- What have we done in similar situations?

3. **Group Discussion (25-30 minutes)**: The majority of the session will be a fluid exchange of experiences, ideas, and questions. The goal for this part of the conversation is for collaborative problem-solving.

   The presenting team is encouraged to use the 1-2 core questions it put on the table at the start to solicit new approaches for addressing the topic on which it is focused.

   Discussion group participants are encouraged to ask the presenting team questions that will help the team consider its work from new angles. Examples of such probing questions include:

   - What is another way you might…?
   - What do you think would happen if you…?
   - What criteria did you use to decide…?
   - What is the connection between … and …?
   - What would have to change in order for… to happen?

4. **Wrap-up and next steps (5 minutes)**: With guidance from the facilitator, the session concludes with participants sharing what stood out most about the discussion. The presenting team will be asked to share any ways in which their thinking changed based on the discussion. The facilitator will also recap any key themes and next steps for the presenting team.